



5th-8th Grade Elective Opportunities

Elective	Description
Video Production	You are invited to join Video Production in the Media Center. We will help you shoot, edit, and deliver quality videos to share with the Rosarian community.
Experimental Painting	Create paintings using famous artists' techniques, a variety of painting tools, and numerous materials including melted crayons, sand, salt, and dripped paint.
Exploring Poetry	Come explore the wonderful world of poetry! Students will read different types of poetry and be inspired to write their own. It's a great opportunity to showcase your creativity and exchange ideas with your friends.
STOMP	Stomp is a percussion group, originating in Brighton, UK, that uses the body and ordinary objects to create a physical theatre performance using rhythms and beat.
Leadership	Do you want to feel the satisfaction of helping others in need, develop new skills, meet new people and feel good about how you spend your free time? Come develop the qualities of a leader by taking on the responsibility of leading and participating in school-wide and outside community service projects.
Advanced Geography	Geography is fun! Whether you are ready to be RA's next geography bee winner or you want to enhance your travel skills, join the geography club. Students will facilitate a variety of geography-led activities to enhance knowledge of cultures, map skills, climate, and landscapes. Come travel our world!
RATV Production	Have you ever wanted to anchor the morning news at Rosarian? Come be part of the news crew and anchor RATV. Get ready to showcase your broadcasting skills!
Coding 101	Explore the world of coding. Using the Spheros and Lego EV3s, get ready to expand your computer programming skills while completing a variety of challenges. Combine these skills with the ones learned in STEM to make robots work for you.
Advanced STEM Fabrication	Come explore the many opportunities and equipment that the new Freitas STEM Innovation Center has to offer.
STEM Inventor's Challenge	In partnership with the Palm Beach Science Center, you will design an invention that solves a real-world problem concerning Space and a possible voyage to Mars. Using the Engineering Design Process, you will produce a prototype of your design, a 2-3 minute video presentation about your invention, and a presentation board. Come join the fun!

Experiment and Explore	Learn problem-solving skills while increasing your Science knowledge and awareness of your surroundings (environmental awareness) through fun activities and hands-on experiments. Come discover the young scientist in you!
Math Counts	For those students that would like to be in the Math competition, this will allow you to hone those math skills.
Liturgy and Prayer	Help be a part of school mass. You will choose Liturgical songs and prayers to be used during the mass. You will also use this time to reflect and pray.
Aerobics	Get moving in Aerobics as you exercise to music. The class will start with stretching and will continue with rhythmic movements. Aerobics strengthens your heart and lungs and trains your cardiovascular system to manage and deliver oxygen more quickly and efficiently throughout your body. Some of the classes may include but will not be limited to Zumba, kickboxing, and step aerobics.
Strength Training and Conditioning	This course will introduce the basics for proper strength training and conditioning methods: warm-ups, use of equipment, various types of training, and post-training recovery. You will experience first hand what it is like to make gains in your health and fitness.
RA Newspaper	Students will engage in the process of researching stories, creating content, and publishing original work. You will get a feel for how journalism and the media function in society by providing hands-on experiences. Students will learn to interview, write journalistically, and produce a product that will be printed and submitted to Rosarian Academy's faculty and students.
Short Story and Sleuths	Do you have a love for reading stories? Join the Short Story Club and explore the art of storytelling! Fridays have never been so fun.
Speech and Debate	Have you ever wanted to change someone's mind? Get ready to develop and improve your public speaking, argumentative, and critical thinking skills. Techniques will be taught to control speech anxiety and structure and organize information to present to a variety of audiences.
Show Choir	This is an opportunity to be a part of a choral group and represent Rosarian Academy in the community. A commitment is made by students and parents to perform at various functions both on and off campus throughout the school year.
Mindfulness	Mindfulness is bringing your attention to experiences happening in the current moment. It helps to promote happiness and minimize anxiety. Come practice staying in the present moment through games, activities, meditation, team building exercises, and lots of fun!!
Math Games and Brain Teasers	Love math and games? This will be an exciting hour of thought-provoking games and math projects involving areas from architecture to art to the stock market.